
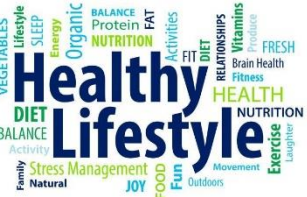




Wightwick Hall School

BTEC Sport Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Theory: Unit SP7: Playing Sport.</p>  <p>Sport</p> <p>Practical: Taking part in team & individual sports.</p>			<p>Theory: Unit SP12: Keeping Active and Healthy & A2 Developing Personal Progression Plan.</p>  <p>Practical: Accessing fitness & leisure activities.</p>		
Year 2	<p>Theory: Unit SP5: How Exercise Affects the Body.</p>  <p>Practical: Fitness testing & recording of results.</p>			<p>Theory: Unit SP8: Coaching Skills in Sport.</p>  <p>Practical: Competitive games & coaching sessions.</p>		

Year 3

Theory: Unit SP9: Assisting in a Sports Activity.



Practical: Assisting in delivering sports activities.

Theory: SP10: Contributing to Running a Sports Event.



Practical: Planning and running a sporting event within school.