








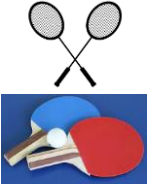






Discoverers – Sensory Pathway

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Target Games 	Table Cricket 	Fitness 	Ball Games 	Rounders 	Athletics 
Pre-Teaching Assessment Suggestions	Assessment of prior skills / knowledge. Yearly - Pupil accessibility for sensory circuits	Assessment of prior skills / knowledge.	Assessment of prior skills / knowledge.	Assessment of prior skills / knowledge.	Assessment of prior skills / knowledge.	Assessment of prior skills / knowledge.
'Step On' Knowledge	Applying basic coordination & Target skills.	Knowing how to engage in a game of table cricket, taking turns in my team.	Knowing how to perform basic exercises.	Know how to hold and throw a ball.	Applying basic FMS skills and decision making.	Applying basic FMS skills.
'Extending up' Knowledge	Knowing how to improve my score.	Making choices, knowing how and where to move fielders / space to bat into.	Choosing exercises for different parts of my body.	Know how to count score and some game rules	Making choices, knowing how and where to field / space to bat into.	Knowing how to improve my score, distance / time.
Cross Curricular Links	Maths – Counting and adding up.	Maths – Counting and adding up.	English – Reading and comprehension skills.	English – Reading and comprehension skills.	Maths – Counting and adding up.	Maths – Counting and adding up.
Careers in the Curriculum Opportunities	Links to employability skills across the curriculum throughout the year. Teamwork / Effective communication / Leadership opportunities / Problem solving / Resilience and positivity.					
LOtC Opportunities	Festivals and events taking place across the year apart of the WMSSSA calendar.					



Navigators Year 7&8 – Pathway

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic *Order Subject to change based on weather	Invasion Games 	Net/Wall 	Fitness 	Creative Movements 	Athletics 	Striking & Fielding 
Pre-Teaching Assessment Suggestions	Preexisting knowledge of skills / application of technique / Tactics / Decision making.	Preexisting knowledge of skills / application of technique / Tactics / Decision making	Preexisting knowledge of skills / application of technique / Tactics / Decision making. Pupil accessibility for trampolining.	Preexisting knowledge of skills / application of technique / Tactics / Decision making. Preexisting knowledge of exercising safely / Healthy active lives.	Preexisting knowledge of skills / application of technique / Tactics / Decision making.	Preexisting knowledge of skills / application of technique / Tactics / Decision making.
'Step On' Knowledge	Knowing how and why skills/techniques are performed. Understanding of basic rules.	Knowing how and why skills/techniques are performed. Understanding of basic rules.	Knowing how and why skills/techniques are performed. Understanding of basic rules.	Knowing how and why skills/techniques are performed. Understanding of basic rules. Knowing how to perform different	Knowing how and why skills/techniques are performed. Understanding of basic rules.	Knowing how and why skills/techniques are performed. Understanding of basic rules.



Wisdom



Heart



Skill


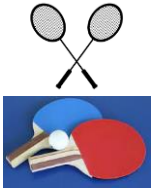




	Application of skills in adapted isolation.	Application of skills in adapted isolation.	Knowing how to perform different fitness activities/ safe use of equipment. Application of skills in adapted isolation. Know what a healthy active life means. Knowing the names of some of the components of fitness.	gymnastics/dance moves / safe use of equipment. Application of skills in adapted isolation.	Application of skills in adapted isolation.	Application of skills in adapted isolation.
'Extending up' Knowledge	Understanding of basic defensive / attacking tactics. Evaluating self/peers performance.	Understanding of basic defensive / attacking tactics. Evaluating self/peers performance.	Understanding of basic defensive / attacking tactics. Evaluating self/peers performance. Application of skills in adapted	Understanding of basic defensive / attacking tactics. Evaluating self/peers performance. Knowing how to target specific exercises for areas of the body.	Understanding of basic defensive / attacking tactics. Evaluating self/peers performance. Application of skills in adapted	Understanding of basic defensive / attacking tactics. Evaluating self/peers performance.



	Application of skills in adapted competitive scenarios.	Application of skills in adapted competitive scenarios.	competitive scenarios.	Knowing the meaning of some the components of fitness (Agility/Balance/Strength/Speed ect). Application of skills in adapted competitive scenarios.	competitive scenarios.	Peer coaching / teaching with supporting resources. Application of skills in adapted competitive scenarios.
Cross Curricular Links	Maths – Counting and adding up. English – Reading and comprehension skills.	Maths – Counting and adding up. English – Reading and comprehension skills.	Maths – Counting and adding up. English – Reading and comprehension skills. ICT – Use of Ipads and technology.	Maths – Counting and adding up, measurements in distance and time. English – Reading and comprehension skills. ICT – Use of Ipads and technology. Science (Biology) name of muscles.	Maths – Counting and adding up. English – Reading and comprehension skills.	Maths – Counting and adding up. English – Reading and comprehension skills.
Careers in the Curriculum Opportunities	Links to employability skills across the curriculum throughout the year. Teamwork / Effective communication / Leadership opportunities / Problem solving / Resilience and positivity.					
LOtC Opportunities	Festivals and events taking place across the year apart of the WMSSSA calendar.					



Pathfinders Year 9&10 – Pathway

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic *Order Subject to change based on weather.	Invasion Games 	Net/Wall 	Fitness 	Multi-Sports 	Athletics 	Striking & Fielding 
Pre-Teaching Assessment Suggestions	Year 7/8 - Preexisting knowledge of skills / application of technique / Tactics / Decision making.	Year 7/8 - Preexisting knowledge of skills / application of technique / Tactics / Decision making	Year 7/8 -Preexisting knowledge of skills / application of technique / Tactics / Decision making. Preexisting knowledge of exercising safely / Healthy active lives.	Year 7/8 - Preexisting knowledge of skills / application of technique / Tactics / Decision making.	Year 7/8 - Preexisting knowledge of skills / application of technique / Tactics / Decision making.	Year 7/8 - Preexisting knowledge of skills / application of technique / Tactics / Decision making.



<p>'Step On' Knowledge</p>	<p>Application of skills / decision making, through adapted competitive scenarios. Knowledge based on prior year 7/8 learning of 'how and why'. Basic understanding of attacking / defending tactics.</p>	<p>Application of skills / decision making, through adapted competitive scenarios. Knowledge based on prior year 7/8 learning of 'how and why'. Basic understanding of attacking / defending tactics.</p>	<p>Knowing how to target specific exercises for areas of the body. Knowing the meaning of some the components of fitness. (Agility/Balance/Strength/Speed ect). Application of skills / decision making, through adapted competitive scenarios.</p>	<p>Knowledge based on prior year 7/8 learning of 'how and why'. Basic understanding of attacking / defending tactics. Application of skills / decision making, through adapted competitive scenarios. Knowledge based on prior year 7/8 learning of 'how and why'. Basic understanding of attacking / defending tactics.</p>	<p>Application of skills / decision making, through adapted competitive scenarios. Knowledge based on prior year 7/8 learning of 'how and why'. Basic understanding of attacking / defending tactics.</p>	<p>Application of skills / decision making, through adapted competitive scenarios. Knowledge based on prior year 7/8 learning of 'how and why'. Basic understanding of attacking / defending tactics.</p>
<p>'Extending up' Knowledge</p>	<p>Evaluate self / peers performance. Officiating to show understanding of advanced rules.</p>	<p>Evaluate self / peers performance. Officiating to show understanding of advanced rules.</p>	<p>Evaluate self / peers performance. Officiating to show understanding of advanced rules. Showing an understanding of attacking / defending tactics through outwitting</p>	<p>Evaluate self / peers performance. Officiating to show understanding of advanced rules. Showing an understanding of attacking /</p>	<p>Evaluate self / peers performance. Officiating to show understanding of advanced rules.</p>	<p>Evaluate self / peers performance. Officiating to show understanding of advanced rules.</p>








	Showing an understanding of attacking / defending tactics through outwitting opponents in competitive scenarios.	Showing an understanding of attacking / defending tactics through outwitting opponents in competitive scenarios.	opponents in competitive scenarios. Knowing how to test for specific components of fitness and link hit to an athlete / Sport.	defending tactics through outwitting opponents in competitive scenarios.	Showing an understanding of attacking / defending tactics through outwitting opponents in competitive scenarios.	Showing an understanding of attacking / defending tactics through outwitting opponents in competitive scenarios.
Cross Curricular Links	Maths – Counting and adding up. English – Reading and comprehension skills.	Maths – Counting and adding up. English – Reading and comprehension skills.	Maths – Counting and adding up, measurements in distance and time. English – Reading and comprehension skills. ICT – Use of Ipads and technology. Science (Biology) name of muscles.	Maths – Counting and adding up. English – Reading and comprehension skills. ICT – Use of Ipads and technology.	Maths – Counting and adding up. English – Reading and comprehension skills.	Maths – Counting and adding up. English – Reading and comprehension skills.
Careers in the Curriculum Opportunities	Links to employability skills across the curriculum throughout the year. Teamwork / Effective communication / Leadership opportunities / Problem solving / Resilience and positivity.					
LOtC Opportunities	Festivals and events taking place across the year apart of the WMSSSA calendar.					

Pioneers Year 11+ Pathway





Term	Autumn	Spring 1	Spring 2	Summer 1	Summer 2
Topic	<p>Invasion Games</p>  <p>Employability skills themes – Listening / communication / Leadership / Teamwork.</p>	<p>Fitness</p>  <p>Employability skills themes – Listening / communication / Creativity / Problem Solving / Staying positive</p>	<p>Volleyball & Mini Games</p>  <p>Employability skills themes – Listening / communication / Leadership / Teamwork</p>	<p>Kin-Ball & Target Games</p>  <p>Employability skills themes – Listening / communication / Leadership / Teamwork</p>	<p>Tri-golf</p>  <p>Employability skills themes – Listening / communication / Creativity / Problem Solving / Staying positive</p>
Pre-Teaching Assessment Suggestions	Pupils prior knowledge of invasion games. Understanding of Attacking / Defending principles / Tactical awareness.	Pupils prior knowledge of Fitness and rock climbing. Prior experiences, what do they know/remember.	Pupils prior knowledge of volleyball & games. Understanding of Attacking / Defending principles / Tactical awareness.	Pupils prior knowledge of Archery & Kinball understanding of techniques & rules.	Pupils prior knowledge of Tri-Golf understanding of techniques & rules.
'Step On' Knowledge	Understand the basic rules/techniques and tactics of invasion games.	Understand the basic techniques needed for rock climbing. Understand the basic safety equipment and rules.	Understand the basic rules/techniques and tactics of volleyball / minigames Use teamwork/communication/ leadership & resilience skills effectively.	Understand the basic rules/techniques and tactics of Kinball/Archery/Target games. Use teamwork/communication/ leadership & resilience skills effectively.	Be able to use creativity and teamwork to create their own miniature golf course with a appropriate levels of challenges
'Extending up'	To lead peers through warm ups. To use leadership and communication skills and be a	Be able to fit their own and a peers harness, Be able to	To lead peers through warm ups. To use leadership and	Be able to describe how to use a bow and arrow and evaluate a peer.	Be able to describe how to use a golf



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Knowledge	team captain. To adapt and create their own rules for invasion games.	support a member of staff when belaying.	communication skills and be a team captain.	Lead their peers through a 2 stage warm up.	putter/wedge and evaluate a peer.
Cross Curricular Links	<p>Maths – Counting and adding up.</p> <p>English – Reading and comprehension skills.</p>	<p>Maths – Counting and adding up.</p> <p>English – Reading and comprehension skills.</p> <p>ICT – Use of Ipads and technology.</p>	<p>Maths – Counting and adding up, measurements in distance and time.</p> <p>English – Reading and comprehension skills.</p> <p>ICT – Use of Ipads and technology.</p> <p>Science (Biology) name of muscles.</p>	<p>Maths – Counting and adding up.</p> <p>English – Reading and comprehension skills.</p>	<p>Maths – Counting and adding up.</p> <p>English – Reading and comprehension skills.</p>
Careers in the Curriculum Opportunities	Links to employability skills across the curriculum throughout the year. Teamwork / Effective communication / Leadership opportunities / Problem solving / Resilience and positivity.				
LoTc Opportunities	Festivals and events taking place across the year apart of the WMSSSA calendar.				