



Allergy Menu - Spring Summer 2023 Vegan

Week One

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|---|
| Option 1 | Cheese & Tomato Pizza Pitta Green Salad 673892 | Veggie Bangers & Mash Green Beans | Vegan Sausage Roll Crispy Roasties & Fresh Veggies & Gravy 584741 | Bean & Sweetcorn Burrito Oven Baked Wedges Broccoli & Salsa | Carrot & Hummus Bagel Chips Peas |
| Jacket Potatoes | Crispy Skin Jacket Potatoes | | | | |
| The Finale | Pineapple & Chocolate Sauce | Rocket Lolly 522709 | Rice Krispie Cakes 522425 | Jelly & Fruit 525720 | Oat Cookie |
| Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes | | | | | |

**Ready to
serve**





Allergy Menu - Spring Summer 2023 Vegan

Week Two

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|---|
| Option 1 | Margherita Pizza Carrot & Sultana Salad 673921 | Veggie Burger in a Bun with Oven Baked Wedges & Garden Peas 586714 | Summer Veg Tart Roasties Fresh Veg & Gravy 673948 | Sweet Vegetable Curry Whole Grain Rice Coconut Cabbage | Crispy Bean & Vegetable Fingers Chips |
| Option 2 | Mac n Cheese Carrot & Sultana Salad 673928 | | | | |
| Jacket Potatoes | Crispy Skin Jacket Potatoes | | | | |
| The Finale | Apple Crumble | Rocket Lolly 522709 | Shortbread 691861 | Peaches & Custard 673936 | Lemon Cookie |
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Week Three

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|--|--|---|---|
| Option 1 | Cheese & Tomato Baguette Pizza Sweetcorn 673977 | All In One Veggie Sausage & Cheesy Potato Bake Carrots 673985 | Vegan Chicken Style Strips with Crispy Roasties, Fresh Veggies & Gravy 525749 | Sweet & Sour Strips Whole Grain Rice 5 Spice Cauliflower 674032 | Crispy Bean & Vegetable Fingers Chips 506112 |
| Option 2 | Veggie Bolognese Whole Grain Pasta Sweetcorn | | | | |
| Jacket Potatoes | Crispy Skin Jacket Potatoes | | | | |
| The Finale | Banoffee Dessert 673982 | Crunchy Vanilla Cookie 584239 | Crispy Chocolate Cornflake Cakes 579038 | Jelly & Fruit 525720 | Apple Flapjack 584728 |

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