

DINE

WITH MIQUILL

WEEK ONE

DINE

Main Meal



MONDAY
Beef Burger
 in a Bun
 with Potato
 Wedges and
 Green Salad or
 Peas



TUESDAY
Meat Feast Pizza
 with Wedges and
 Sweetcorn



WEDNESDAY
Roast Chicken
 Stuffing & Gravy
 with Roast
 Potatoes and
 Carrots



THURSDAY
BBQ Chicken
 Wrap
 with Wholegrain
 Rice and Rainbow
 Slaw



FRIDAY
Fish Fingers
 with Chips and
 Garden Peas or
 Baked Beans

DINE

Vegetarian Meal

Quorn Burger
 in a Bun
 with Potato
 Wedges and
 Green Salad or
 Peas

Cheese & Tomato
 Pizza
 with Wedges and
 Sweetcorn

Cheddar Quiche
 with Roast
 Potatoes and
 Carrots

Mexican
Bean Chili
 with Wholegrain
 Rice and Rainbow
 Slaw

Vegetarian
Fishless Fingers
 with Chips and
 Garden Peas or
 Baked Beans

DINE

Jackets or Pasta

Fresh Pasta and Tomato Sauce available every day
 Filled Jackets and freshly made sandwiches are also available



Sweet choices

Lemon Drizzle
 Cake

Ice Cream

Summer Fruit &
Yoghurt Crunch

Rice Krispie Bar

Chocolate Chip
 Cookie

Fresh Bread, Yoghurt, Jelly, Fruit and Tray bakes are available daily

WEEK COMMENCING:
 08/04, 29/04, 20/05, 10/06, 01/07,
 22/07, 12/08, 02/09, 23/09, 14/10



DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Comfort Food	 Italian	 Roasts	 AROUND THE World	 Fish & Chips

Cottage Pie
with New
Potatoes and Peas

Tuna Pasta Bake
with Garlic Bread
and Sweetcorn
or Italian Side
Salad

**Honey Roasted
Gammon**
with Roast
Potatoes and
Broccoli

**Chicken Tikka
Masala**
with Wholegrain
Rice and
Cauliflower

Battered Fish
with Chips and
Mushy Peas or
Baked Beans

DINE

Vegetarian Meal

**Rainbow Veggie
Picnic Pie**
with New
Potatoes and Peas

**Vegetable
Shepherd's Pie**
with Garlic Bread
and Sweetcorn
or Italian Side
Salad

**Vegetarian
Sausage**
with Roast
Potatoes and
Broccoli

**Creamy
Vegetable Korma**
with Wholegrain
Rice and
Cauliflower

**Vegetable
Nuggets**
with Chips and
Mushy Peas or
Baked Beans

DINE

Jackets or Pasta

Fresh Pasta and Tomato Sauce available every day
Filled Jackets and freshly made sandwiches are also available



Sweet choices

Ice Cream	Fresh Fruit Salad	Chocolate Brownie	Apple Sponge & Custard	Flapjack
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Fresh Bread, Yoghurt, Jelly, Fruit and Tray bakes are available daily

WEEK COMMENCING:
15/04, 06/05, 27/05, 17/06, 08/07,
29/07, 19/08, 09/09, 30/09, 21/08

MIQUILL

DINE

WITH MIQUILL


WEEK THREE

DINE

Main Meal

MONDAY

 Sausages & Onion Gravy with Mash and Peas

TUESDAY

 Beef Bolognese with Spaghetti with Garlic Bread and Sweetcorn

WEDNESDAY

 Roast Chicken Stuffing & Gravy with Roast Potatoes and Cabbage

THURSDAY

 Honey Chicken Stir Fry with Rice and Broccoli

FRIDAY

 Breaded Fishcake with Chips and Garden Peas or Baked Beans

DINE

Vegetarian Meal

MONDAY
 Veggie Sausages & Onion Gravy with Mash and Peas

TUESDAY
 Wholemeal Pasta Vegetable Bake with Garlic Bread and Sweetcorn

WEDNESDAY
 Quorn Roast with Roast Potatoes and Cabbage

THURSDAY
 Sweet and Sour Vegetables with Rice and Broccoli

FRIDAY
 Fishless Fingers with Chips and Garden Peas or Baked Beans

Fresh Pasta and Tomato Sauce available every day
 Filled Jackets and freshly made sandwiches are also available

DINE

Jackets or Pasta



MONDAY
 Chocolate Courgette Cake

TUESDAY
 Ice Cream

WEDNESDAY
 Shortbread

THURSDAY
 Carrot Cake

FRIDAY
 Vanilla Iced Sponge

WEEK COMMENCING:
 22/04, 13/05, 03/06, 24/06, 15/07,
 05/08, 26/08, 16/09, 07/10

Fresh Bread, Yoghurt, Jelly, Fruit and Tray bakes are available daily

